



AVAILABLE IN

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10G PROTEIN SERVING

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NATURAL INGREDIENTS  
ORGANICALLY GROWN  
CERTIFIED AUTHENTIC  
VEGAN FRIENDLY

DR. BOXALL'S  
NATURAL PHARMACEUTICALS

# 4-in-1 Superfood Protein Powder Hemp Seed with Moringa and Lucuma and Sceletium



PREMIUM  
4-IN-1  
FORMULATION

## TRADITIONAL USES

- High in Fibre & Protein
- Complete Amino Acid Profile
- Rich source of Vitamins
- Full of Minerals & Nutrients
- Blood Sugar Regulation
- Omega 3-6-9 Fatty Acids
- Powerful Antioxidant
- Cardiovascular Health
- Anti-inflammatory
- Digestive Health
- Boosts Serotonin
- Boosts Immunity
- Liver Tonic
- Weight Management
- Skin Health

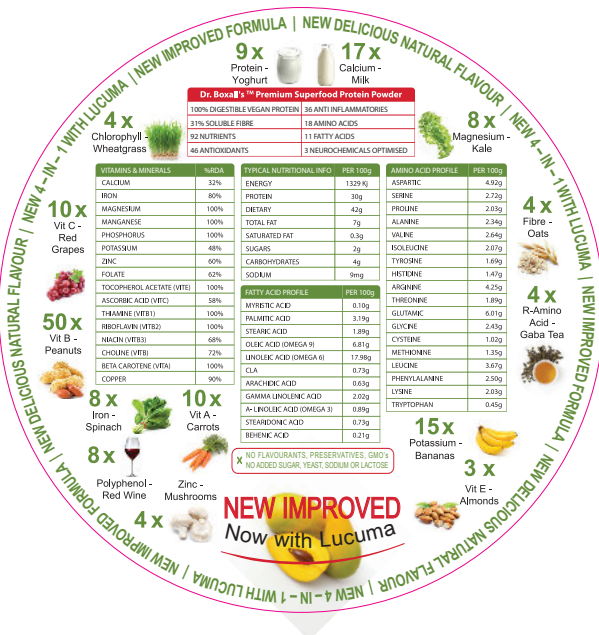
## CHEMISTRY AND PHARMACOLOGICAL RESEARCH

**Hemp Seed** An excellent source of fibre, boasting a vast array of vitamins and minerals, this complete source of plant-based protein provides all nine essential amino acids, some of which are exclusively derived through diet. Hemp seed contains arginine, an amino acid essential for artery and vein dilation, keeping blood vessel walls smooth and elastic, thus reducing the risk of health issues such as arrhythmias, high blood pressure and heart disease. Few plant-based foods are complete sources of protein, making hemp seed a valuable addition to a vegan diet. Hemp contains no trans fats, with a healthy ratio of omega-3 to omega 6 fatty acids including alpha-linolenic acid (ALA) and polyunsaturated fats such as gamma-linolenic acid (GLA), understood to assist with metabolic syndrome, type 2 diabetes, arthritis, heart disease and fatty liver disease. Current research into its neuroprotective effects and positive results in cancer treatment is ongoing.

**Moringa Leaf** is regarded as one of nature's most abundant source of vitamins, minerals, and amino acids. Containing antioxidants such as flavonoids, polyphenols, and ascorbic acid, which fight free radicals or molecules that cause oxidative stress, cell damage and inflammation. It reduces lipid and glucose levels, regulating oxidative stress in diabetic patients, normalising blood sugar, preventing the build-up of cholesterol. Recent trials have shown an increase in overall brain health and cognitive function due to its antioxidant and neuro-enhancing activities. Moringa's high concentrations of polyphenols protect the liver against oxidation, toxicity, fibrosis, and damage, enhancing blood detoxification, bile production, fructose and fat metabolism, and processing of nutrients.

**Lucuma:** Lucuma supports digestive health, weight management, skin health, and blood sugar regulation. Its dietary fibre aids digestion and promotes regular bowel movements. With its low glycemic index and high fibre content, it helps manage weight and blood sugar levels. The fruit's antioxidants contribute to healthier skin, while its delightful naturally sweet taste enhances its appeal as a beneficial addition to this product with natural hints of caramel, butterscotch, and maple, making it reminiscent of a creamy and rich custard.

**Sceletium** The mood-elevating action of Sceletium is promoted by several alkaloids including Mesembrine, Mesembrenol and Tortuosamine. These alkaloids interact with the brain's dopamine and serotonin receptors, also known as neurotransmitters, and act as a potent serotonin-uptake inhibitor enhancing the brains proficiency in reclaiming neurotransmitters from the neuron receptors to the originating nerves, thus keeping more serotonin in circulation. It is known to have a balancing effect on other feel-good neurotransmitters such as dopamine, norepinephrine, and adrenaline. Thus, Mesembrine allows the brain to function better during periods of reduced levels of serotonin, allowing time for natural levels to build up. It helps to significantly reduce stress and boost vitality, including physical, emotional, and mental recovery. It has also shown a significant increase in the libido in both men and women.



**IMPORTANT:** This is a food supplement and does not claim to cure a disease. Consult your physician prior to use if you have a medical condition or are taking any medications. Do not take if you are pregnant or breastfeeding without consulting your health practitioner first. Stop taking if any side effects occur. Keep out the reach of children.

Free from animal products, yeast, sugar or sodium. Contains no artificial colourants, flavourants or preservatives. Vegan and animal friendly.

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